



4-H Foods Record Book



Martin-Gatton
College of Agriculture,
Food and Environment

Name: _____ Years in Project: _____

Project Name: _____



1. List all materials used for your project with their individual cost.

Materials Used	Purchase Price	Where Purchased/Source

2. What was the total cost for this project? _____

3. How did the cost for making the project compare to purchasing the same item in a store?



4. How much time (hours) did you spend on this project? _____

5. Describe two skills you learned while completing this project.

6. What other food items related to this project have you made this year?



7. List other ways you have used the recipe and/or skills learned. (i.e. family dinner, food demonstrations, taught others...)

* Picture (must be attached on a separate piece of paper)

Points are awarded for picture(s) related to the projects. Pictures that show you in the process of completing the project are important to include.

* Achievement Story (must be attached on a separate piece of paper)

You must write and attach an original achievement story for this record book to complete it. Guidelines for achievement stories can be found on the "Campbell County 4-H Record Book Cover Page"

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities
accommodated
with prior notification.