



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service



4-H Youth Development

## Junior 4-H Sewing Projects Suggested Patterns

Spring 2019

**Changes effective 2018:** An apron has been added to the Junior Unit one non-clothing class as an addition option. An apron with an oven or barbeque mitt has been added to Senior Let's be Casual non-clothing class as an additional option.

Revisions **have not** been made to the project books that are located on the web. Please make note of the following additions and unit number changes. An intermediate Junior unit called ***Moving on Up***, Class no. 796 was added in 2011. The old unit V ***Put it all Together*** is now Unit VI for both the clothing (797) and non-clothing (798) options. ***Moving on up*** does not have a non-clothing option at this time.

### **Requirements for Unit V- *Moving on Up*: Intermediate skills**

795 One piece complete outfit made from woven fabric; such as a dress, coveralls, or jumpsuit. Item must include at least a zipper and/or buttons and button holes. A waistline, simple lining, trim, collar, and sleeves may be included but are not required. This class is for youth ages 9-13.

### **Requirements for *Up Cycle It! Junior*: Advanced sewing skills** – See publication:

[http://www2.ca.uky.edu/4hguide-files/sewing/Senior\\_Sewing\\_Upcycle\\_Project.pdf](http://www2.ca.uky.edu/4hguide-files/sewing/Senior_Sewing_Upcycle_Project.pdf)

799 ***Up Cycle It! Junior*** – Item sewn from recycled/repurposed garments and documentation folder: Sew a garment or fashion accessory from previously worn garments. Recycled fabric is to be the major component of the item. Recycled garments may be cast-offs from the member's family/friends or purchased at a yard sale or similar low cost source. ***Documentation is required.*** In documentation include the following: your name, your county, the name of the unit, class entered, number of years you have been sewing; a **“before” photo** of all recycled items used; source of the recycled garment; how the design was created; and any design drawings that were used in the creation. Place documentation in a folder or plastic sheet protector. “Deconstructed” t-shirts which do not include sewing skills do not fit this class. Items for the home do NOT fit this class. Items which do not include sewing as a major means of reconstruction are not eligible for this class. See publication: <http://4-h.ca.uky.edu/node/113>. Click on “Up Cycle.” This class is for ages 9-13 with sewing skills.

For a complete list of class descriptions please see the 2018 State Fair Catalog.

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Disabilities  
accommodated  
with prior notification.

The following patterns have been selected as “representative” examples from which 4-H’ers, parents and leaders can choose OR get an idea about what to select for each **Junior 4-H Sewing** project. The selection of a pattern was based on *visible construction* characteristics, not on actual knowledge of the pattern. Selections have been made for clothing and non-clothing options. Pattern(s) used MUST fit, or be made to fit the project guidelines. I have done my best to alert you to adjustments that need to be made in some of the listed patterns. **Pattern numbers in red are new additions to this list from previous year’s lists.** Please do not hesitate to ask for assistance in determining appropriate patterns. *I am only an e-mail or phone call away.*

Numbers were taken from the **Simplicity** (Simplicity, New Look, and Burda) and **McCall** (McCall, Butterick, and Kwik Sew) websites. Patterns are available from in-store catalogs and on-line. Keep in mind that pattern companies pull patterns whenever they choose to do so when a pattern is not being purchased/used nationwide. On the other hand, you are less likely to find a discontinued pattern in the most current catalog! This is the reason the pattern list does not come out until current pattern books are in the stores. If you are interested in a discontinued pattern, they can be requested from the address/telephone numbers below:

Simplicity Pattern Company  
1-888-588-2700  
[www.simplicity.com](http://www.simplicity.com)

The McCall Pattern Company  
P.O. Box 3978  
Manhattan, KS 66505-8503  
1-800-622-2557 [7:30 a.m.– 4:00 p.m. (CT)]  
[www.mccall.com](http://www.mccall.com)

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**KEY: M=McCall B=Butterick S=Simplicity KS=Kwik Sew ( ) = Specific View(s)**

Spring 2019		Junior 4-H Units (non-clothing option)			
Pattern Number	Size	Unit I: (790) <i>Let's Learn to Sew</i>	Unit II: (792) <i>Let's get to the Bottom</i>	Unit III: (794) <i>Top it Off</i>	Unit VI: (798) <b>(previously Unit V)</b> <i>Put it All Together</i> Instructions are on pages 51-53 in the Junior 4-H Sewing Project Book
S1605	Boys/ Men	Drawstring bag			This project requires the use of Wild Ginger, Inc.'s <i>Wildthings</i> Computer software. (Free download at <a href="http://www.wildginger.com">www.wildginger.com</a> ) Using the <i>Wildthings</i> program, design a tote bag that includes at least two pockets, at least one functional zipper, and applied trim. Minimum size 12 x 12 x 2 inches. About Sewing.com has a tutorial on making a bag that uses this style of tote bag. <a href="http://sewing.about.com/od/bagstotespurseproject/ss/totebagzipper.htm">http://sewing.about.com/od/bagstotespurseproject/ss/totebagzipper.htm</a>
<b>S8858</b> <b>S8826</b>	All sizes	Apron			
KS0153	One size		Garment bag (View A or B)		
Junior 4-H Sewing Project Book <a href="http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf">http://www.ca.uky.edu/agc/pubs/4jd/4jd01pb/4jd01pb.pdf</a>		<ul style="list-style-type: none"> <li>• Drawstring Shoulder Bag</li> <li>• Laundry Bag</li> <li>• Go Green Tote Bag</li> </ul>	<ul style="list-style-type: none"> <li>• Zippered Quilted Tote bag/purse</li> <li>• Duffle bag</li> <li>• Garment Bag</li> </ul>	<ul style="list-style-type: none"> <li>• Backpack - lining, button closure, and applied trim</li> </ul>	
<b>Upcycle It (799)</b>		<i>Indigo Junction Patterns</i>	950 Kitchen shirt tales - Apron from man's shirt	930 Chic Bucket Bag – recycled denim jeans	732CR Take-two Tech Pouch – recycled denim jeans

Spring 2019		Junior 4-H Units (clothing option)					
Pattern Number	Size	Unit I: (789) <i>Let's Learn to Sew</i>	Unit II: (791) <i>Let's get to the Bottom</i>	Unit III: (793) <i>Top it Off</i>	Unit IV: (795) <i>Stretch your Knit Skills</i>	Unit V: (796) <i>Moving on Up</i>	Unit VI: (797) <i>Put it All Together</i>
B3460	Misses	Skirt or Shorts					
S1786	Girls	Skirt					
S1520	All sizes	PJ pants					
S8022	All sizes	Lounge pants					
KS3877	Misses XS - XL		Skirt with zipper and waistband				
M6984	Girls		Skirt with gathers				
M7631	Misses		Skirt with zipper and facing				
New Look 6843	Misses		Skirt with waistband				
S4760	Boys/Men		Pants with facing	Shirt			Pants& shirt with pockets
M6099	Boys/Girls			shirt			
M7638	Boys/Men's			Jacket			
S1504	All sizes			Sleep shirt			
M7459	Girls			Jumper/overalls			
M7461	Girls			Jacket			
M7122	Misses				Knit tunic and leggings		
M7344	Girls				Knit dress		
KS3398	Boys				T-shirt and shorts (shorts must be made from stable knit fabric)		
S2318	Boys				PJs		
M7738 M7462	Girls				Knit top and skirt		
S8269	Girls/boys					Sleep jumpsuit	
S8183 M5795	Girls					Girls Dress	
KS3714 KS3712	Unisex Children's Misses				One piece PJs Knit fabric with rib knit cuffs	One piece PJs Woven fabric with rib knit cuffs	
M6222	Boys						Shirt, vest and pants

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