



4-H Foods Record Book



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Name: _____ Years in Project: _____

Project Name: _____



1. List all materials used for your project with their individual cost.

Materials Used	Purchase Price	Where Purchased/Source

2. What was the total cost for this project? _____

3. How did the cost for making the project compare to purchasing the same item in a store?

4. How much time (hours) did you spend on this project? _____

5. Describe two skills you learned while completing this project.

6. What other food items related to this project have you made this year?

7. List other ways you have used the recipe and/or skills learned. (i.e. family dinner, food demonstrations, taught others...)

*Picture (must be attached on a separate piece of paper)

Points are awarded for picture(s) related to the projects. Pictures that show you in the process of completing the project are important to include.

*Achievement Story (must be attached on a separate piece of paper)

You must write and attach an original achievement story for this record book to complete it. Guidelines for achievement stories can be found on the "Campbell County 4-H Record Book Cover Page"

