

**NEW FOR 2024: No more than 5 camp forms  
per person will be accepted on March 4!**

Forms & camp fee will be accepted beginning Monday, March 4. First come, first serve.

**Do not bring in forms prior to March 4!**

Class signups are done at the time of camp registration! Attached to this camp form are the details.

Camp forms will not be accepted without the class sign up ranking form!

**PARENTS: Campers should have input on their class rankings!**

**Where:** North Central 4-H Camp, Carlisle, Kentucky. The camp is owned & operated by the University of Kentucky

**Who:** Camp is open to Campbell County youth, age 9 through 14. You do not have to be a 4-H member.

**Transportation:** All campers are transported to camp on school buses. **We leave from Campbell County High School, 909 Camel Crossing, Alexandria.**

**Camp Fee:** \$150 for each camper.

\$50 deposit per camper will hold their spot. Make check payable to: Campbell County 4-H Council

\*No refund will be given if less than a week's notice is given for cancellation. All cancellations must be made through the Extension office during office hours (M-F, 8am-4:30pm)

**Deadline:** Forms & camp fee balance is due **no later than May 6**. This will be strictly enforced!

**Space is limited! You can send your camp form & money in PRIOR to the deadline.**

**Do not delay. we usually fill up with a waiting list!**

**Mail to or drop off at:** **Campbell County Extension Service  
3500 Alexandria Pike  
Highland Heights KY 41076**

(USPS mail sometimes takes several days so keep that in mind if you mail the forms & money.

Depending on when you mail it may result in being on a waiting list)

**Office hours:** Monday through Friday, 8am-4:30pm

Campbell County 4-H Agents: Sherri Farley, Owen Prim, & Kellsey Agnew

Visit the camp website: <https://4-h.ca.uky.edu/north-central-camp>

First Year Camper Event: Tuesday, July 2: either: 12-2pm **OR** 6:30-8:30pm  
Call 572-2600 by 6/27 to sign up for one of the sessions  
Not a required event: more details on the back of this page

Camper/Parent Orientation: Tuesday, June 25, Monday, 7/1 **OR** Tuesday, 7/9 7:00pm  
All campers & 1 parent/guardian are required to attend one of the orientations.  
It is suggested last name initials *A-H attend 6/25, I-O attend 7/1* and *P-Z attend 7/9* if possible  
due to room space & parking limitations.



## Camp FAQ's (Frequently Asked Questions)

What's 4-H Camp like?

A typical day begins with wake-up around 7:30am and a yummy breakfast. Everybody pitches in after breakfast to keep the camp in tip-top condition. Campers gather around the flagpole for morning flag raising and singing. The morning is filled with fun classes. In the afternoon, campers join friends for swimming, free-time, educational activities, and recreation. After supper, everyone comes together for the flag lowering ceremony and night activities such as field games, recreation, and dancing. Cabin lights are turned off around 11:00pm.

Where do we sleep?

In **air-conditioned** cabins! There is a cabin area for boys on one side of the camp and a girl's cabin area on the other side. Each cabin holds 14-21 people. At least one adult and two junior counselors (age 15-20) stay in every cabin. Most of the campers in your cabin will be around your age or from your school. If your friend is attending camp be sure to put their name on the appropriate line on the camp form so you can be in the same cabin.

What classes can I choose from?

Campers sign up for classes BEFORE we get to camp. Be sure to complete the Class Ranking form attached to the camp packet. Each class meets for about one hour on Tuesday, Wednesday, and Thursday. Classes may include canoeing, nature, recreation, crafts, archery, riflery, foods, swimming, outdoor living, and challenge course. Other special classes may include disc golf, soccer, crafts, yoga, and sand volleyball.

What about the food?

The food is good- scrambled eggs, French toast sticks, biscuits & gravy, pizza, turkey, chicken strips, tacos, pancakes, cheeseburgers, tater tots, salad bar, and fruit. We have white & chocolate milk machines at camp and cereal at EVERY meal! There is also an afternoon and evening snack each day.

What is the First Year Camper Event?

This is an event just for campers who have never been to 4-H Camp before. It is not required. Campers who are there will watch a slide show about camp, meet some counselors, learn some line dances & songs, and have a chance to answer any questions they may have about 4-H camp. A light lunch will be served for the 12-2 session. Parents are encouraged to drop off their camper and come back to pick them up. Two sessions are offered: 7/2 from 12-2pm OR 7/2 from 6:30-8:00pm. First year campers only attend one of the sessions.

Are there scholarships available to help with the cost?

There may be some money available to help with the camp fee. We ask that you pay at least half of the camp fee. You can also check with your school's Family Resource Center or Youth Service Center for possible assistance. Call the Extension office at 572-2600 if you have questions.



**\*Required class sign up info attached!**

**\*Make sure to check it out!**



**Cooperative  
Extension Service**

## Kentucky 4-H Camping 2024

Camp Participant Registration – *Camper/Teen*

**No more than  
five (5) camp forms  
per person.**

HCP Approval Stamp

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Last Name:	Legal First Name:	Middle Name:	Preferred Name:
Attended camp before? <input type="checkbox"/> Yes - # years: ____ <input type="checkbox"/> No	Fall 2024 School & Grade:	County:	Biological Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female
Shirt Size: (Select One)  YS YM YL AS AM AL AXL A2XL A3XL A4XL		Birthdate:  ____ / ____ / ____	Age on 1st day of camp?
Participant's Home Address:   Friends to Bunk With:			Participant's Race: <input type="checkbox"/> White <input type="checkbox"/> Black <input type="checkbox"/> Asian <input type="checkbox"/> American Indian <input type="checkbox"/> Hawaiian <input type="checkbox"/> Other  Participant's Ethnicity: <input type="checkbox"/> Hispanic <input type="checkbox"/> Non-Hispanic
Legal Parent/Guardian #1 Full Name:	Email Address:  <input type="checkbox"/> Yes - I would like to receive email notifications of upcoming statewide Camp-Sponsored Events and Promotions at this email address.		Cell/Home Number:
Legal Parent/Guardian #2 Full Name:	Email Address:  <input type="checkbox"/> Yes - I would like to receive email notifications of upcoming statewide Camp-Sponsored Events and Promotions at this email address.		Cell/Home Number:
Emergency Contact Full Name:	Relationship to Participant:	Cell/Home Number:	
Physician Name:	Physician Phone Number:		

**Buy your participant some camp gear. [www.4hcampstore.com](http://www.4hcampstore.com)**

**Is your participant looking for more camp opportunities? [www.4hcampevents.com](http://www.4hcampevents.com)**

**Cooperative  
Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

**MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT**

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Disabilities  
accommodated  
with prior notification.



PARTICIPANT NAME: \_\_\_\_\_

Is the camp participant up to date on immunizations as outlined by Kentucky law required for enrollment in public, private, or home school, based upon the grade the participant will be enrolled for the upcoming school year?

☐ YES

☐ NO (If marked NO, check with your 4-H Agent for a waiver of liability form.)

Does the participant have health insurance coverage?

☐ YES (Insert a JPEG or PNG file – front and back – of the insurance card in the boxes below.

☐ NO (No worries! The camp provides excess medical insurance coverage in the event of injuries or illnesses.)

☐ ACTIVE DUTY MILITARY (not required to provide a copy of Military ID/Insurance Card)

**Please remember to bring a copy**  
**of the FRONT and BACK**  
**of your insurance card.**

What is **specific** information about your camp participant which the staff should be made aware of to provide a better camp experience for the camp participant? Information disclosed in this section may allow us to make accommodations based on their individualized needs. **List all specific items** that the participant is provided at home or school to have a successful experience.

**Behavioral (i.e., mental, emotional, physical)**

**Medical (i.e., asthma, autism, seizures, sleepwalker, etc.)**

**Allergies (check the applicable boxes below and describe the allergy and reaction seen)**

No known allergies:

Food:

Medication:

Seasonal/Environmental:

**Dietary (check the boxes below if applicable)**

Vegetarian:

Gluten Intolerant:

Alpha Gal:

Does not eat Pork:

**Other accommodations or important details (use additional sheet of paper if needed):**



## Kentucky 4-H Camping Code of Conduct and Expectations

1. Campers are not permitted to bring cell phones to camp.
2. Possession or use of alcohol, illegal drugs, or weapons by any person is prohibited.
3. Use of tobacco products is not allowed for campers/teens at 4-H camp. Should a county decide to permit adults (21 years and over) to use them, it may occur only in areas designated by the Camp Director. Absolutely no tobacco products are to be used in cabins, woods or non-designated areas of camp.
4. Camp participants are permitted to enter the cabin in which they are assigned. All other cabins are restricted.
5. Campers are not allowed in the cabins during a class or activity. If a camper is ill, they are to stay at the medical center (not in a cabin) until the Health Care Provider (HCP) feels the camper may return to activities.
6. Camp participants are to be attentive, responsive and courteous to any staff, adult or teen counselor making a presentation before the group.
7. Absolutely no phone calls are to be made by campers (camp office phone or cell phone) without approval of the County Extension Agent. All County Extension Agents should be informed of incoming calls at the camp office to campers.
8. Accidents or illnesses, no matter how minor, are to be reported to the County Agent and Camp Healthcare Provider. If medical care is needed, the Agent will coordinate treatment with the Camp Healthcare Provider.
9. Obscene, discriminatory and/or inappropriate language or dress, roughhousing, and insubordination is not acceptable at any time and may result in dismissal from camp.
10. Fireworks are not to be used by camp participants at any time.
11. Swimming, boating, or any waterfront activity is not permitted except during designated times and under proper supervision.
12. Appropriate dress, including footwear, should be adhered to as outlined in the 4-H Camp Dress Code.
13. Camp participants are always to remain with their groups, and must obey the rule of 3 when traveling. Individuals are not to be on the trails or near the lakes without an accompanying adult.
14. Camp participants are not permitted to leave the grounds at any time without notifying and receiving approval from the Contact Agent and their County Extension Agent.
15. Camp participants are expected to be in their cabins, with lights out, as designated on the camp program schedule.
16. No visitors, other than parents or immediate family, may visit campers during the camp. Visits must be approved in advance by the County Extension Agent.
17. No camp participant is to be around or on maintenance equipment.
18. Camp participants who are having personal conflicts with others should discuss these with their cabin counselor, dean, or County Extension Agent.
19. Campers and teens are to work with counselors in carrying out daily assigned jobs to help keep the camp running smoothly. Grounds are to be kept clean at all times. Camp participants are expected to leave the cabins, facilities and grounds clean and orderly.

**PARTICIPANT NAME:** \_\_\_\_\_

20. Camp participants are to respect camp property. Any misconduct resulting in damage to camp property or buses, including graffiti, shall be paid for by the camp participant and/or parent or guardian. A list of damage fees is available.
21. All medications must be turned in to the designated adult and picked up by the parent/guardian at the bus pick up site. The Health Care Provider will be responsible for securing all medications at camp.
22. Camp is not responsible for personal property of any camp participant or staff.
23. We care about the safety of all camp participants. Incidents of serious misbehavior (i.e. threats, fighting, bullying, causing injury, alcohol/drug incidents, any altercations between adults and/or minors, intentional property damage/vandalism, etc.) will be reported to the Camp Director and County Extension Agent and an incident report will be completed. Incidents of serious misbehavior may result in dismissal from camp.
24. Camp participants should demonstrate respect toward others. Bullying, hazing, or pranks (i.e.: shaving cream, toothpaste in pillow/sleeping bags, defacing property, including inappropriate use of electronics/social media) will not be tolerated and may result in dismissal from camp.

*Any conduct inconsistent with the above rules may result in consequences such as the camp participant/parent/guardian/immediate family member being sent home, restricting future participation in 4-H activities, termination of 4-H membership, or other consequences determined by the county's or state's policy. If a camper must be sent home, it will be the responsibility of the parent/guardian to pick them up at camp. There is no refund of the camp fee for an early departure.*

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



PARTICIPANT NAME: \_\_\_\_\_

## Kentucky Residential 4-H Camp Essential Standards for Camp Participants

It is the policy of the University of Kentucky, Kentucky 4-H and the Kentucky 4-H Camping program to encourage and accept participants without regard to race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental ability. Parents/Guardians of children who have medical conditions or other disabilities requiring special attention should alert the agent to ensure proper care and accommodations are provided. If the camper requires personal care or a level of attention not available through camp staff or volunteers, a family friend or relative of the same sex over age 18 or a parent/guardian must accompany the child as a caregiver. The parent/guardian will agree to pay the individual costs of the caretaker (25% of the camper registration fees.) The Client Protection Process will be performed on the caretaker with favorable results.

To determine whether a caregiver should accompany a camper, the following factors will be considered:

- Ability to dress without assistance
- Ability to maintain personal hygiene, e.g. bathing, brushing teeth
- Ability to attend to toileting needs
- Ability to understand and follow oral or written instruction
- Ability to remain at rest or sleeping according to the camp schedule
- Ability to participate in group activities with minimal individual attention
- Ability to participate in a communal living environment with minimal individual attention
- Ability to sustain a 15-hour (7am-10pm) camp day with limited rest periods
- Ability to understand and respond to dangerous conditions
- Ability to take medications according to a pre-set schedule and with minimal assistance

If a caregiver is not provided and a camper cannot meet the essential standards listed above, they may be dismissed from camp. If a camper must be sent home, it will be the responsibility of the parent/guardian to pick them up at camp. There is no refund of the camp fee for an early departure.

I have reviewed and acknowledge the essential standards for camp participants policy.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_





**PARTICIPANT NAME:** \_\_\_\_\_

### AUTHORIZATIONS/RELEASES

*This is a legal document. You must read and understand it before signing it.*

#### MEDIA RELEASE:

I grant the Kentucky 4-H Program and the University of Kentucky, Kentucky State University, and persons acting through them, the right to use, reproduce, assign, and/or distribute photographs, films, videotapes, and sound recordings of my minor child without compensation for use in promotion/advertising, educational publications, electronic publishing, and personal memorabilia. Participant names may be published.

☐ Yes. I grant permission for media releases. ☐ No. I do not grant permission for media releases.

#### Pick-up Release:

It is my responsibility to arrange to pick up my child/children upon return from camp. There will be no exceptions to this policy regardless of relationship to the child. Please inform everyone approved by you on this release that he/she must present a driver's license or photo ID before the child will be released. **Parents, Guardians, and Emergency Contacts listed on page 1 and 2 are automatically assumed to have pick up authorization.** In addition to the parents/guardians listed on page 1, the following individuals are granted permission to pick up my child:

NAME: \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_ Phone/Cell# \_\_\_\_\_

NAME: \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_ Phone/Cell# \_\_\_\_\_

NAME: \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_ Phone/Cell# \_\_\_\_\_

#### CONSENT TO TREAT:

The health history reported on page one and two are correct and complete to the best of my knowledge. I hereby permit the camp to provide routine health care, administer over the counter medication, assist in administering participant's prescription medications as needed, and seek emergency medical treatment including ordering x-rays and routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I permit the camp to arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby permit the physician selected by the camp to secure and administer treatment, including trips off camp property.

#### CODE OF CONDUCT:

I have read and discussed the Camp Code of Conduct with my participant. We (parent/guardian and participant) understand and agree to comply with the guidelines. Violations may result in loss of privileges, removal from camp with no refund, assessment of a damage fee for which I will be responsible for paying, and/or ineligibility to participate in future 4-H events. An incident report will be completed for major violations.

#### ASSUMPTION OF RISK, RELEASE OF LIABILITY, and PERMISSION TO PARTICIPATE:

I acknowledge that there are certain risks, hazards, and dangers, including the risk of physical injury, disability, or death and risk of loss of use or damage to my personal property as a result of allowing participation in the camping program. Risks include but are not limited to recreational games and traditional camp activities, transportation accidents, weather-related hazards and natural disasters, infectious diseases, the possibility of slips and falls, pinches, scrapes, twists, and jolts that could result in scratches, bruises, sprains, lacerations, fractures, concussions, or even more severely debilitating or life-threatening hazards. I understand that injury or loss may result from unknown or unexpected risks and the use of equipment, materials, or facilities recommended by the University of Kentucky; environmental conditions; from the acts or omissions of others; or from the unavailability of immediate and adequate emergency medical care. I understand that the University of Kentucky does not guarantee the personal health or safety of participants, nor does it protect against the risk of loss of personal property. In consideration for allowing my child to participate in the camping program, I do hereby release the University of Kentucky, the University of Kentucky Cooperative Extension Service, the county Extension District Board(s), the 4-H Camp, Kentucky State University and their trustees, directors, officers, members, agents, employees, volunteers, and assigns from any and all liability, damages, cost, and expenses arising out of or relating to bodily or psychological injury, loss of life, or personal property that may occur as a result of participating in the camping program. I understand that my child's participation in the Kentucky 4-H Summer Camping Program is based on the challenge by choice philosophy. I recognize that programs are designed to use experiential, engaging teaching techniques, but that my child's participation is purely voluntary, always, and my child will choose his or her level of participation in any activity (including, but not limited to: high ropes, rock climbing, low challenge elements, rifles, archery, trap shooting, horses, and cave exploration). I understand that my participation in this activity may entail certain anticipated and unanticipated risks regarding personal injury or illness. I further understand and acknowledge that there is currently a COVID-19 pandemic in the U.S. and that there may be health risks associated with entering facilities and/or participating in activities and events owned or operated by the University of Kentucky or the University of Kentucky Cooperative Extension Service. I hereby acknowledge my voluntary and informed assumption of full responsibility and liability regarding any injuries or illness, including COVID-19, that I may incur coincident to my participation in this activity.

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_





## Kentucky 4-H Camping Program Damage Fees

The following contains only those items most frequently damaged or taken. Intentional damage to any other camp property will be assessed at the time of damage. Should intentional damage or theft occur, it is the responsibility of the child and his/her parents to reimburse the costs. No charges are made for worn equipment or normal usage. Charges are required for damage resulting from horseplay and malicious or intentional behavior. Graffiti on camp property will not be tolerated.

Basketball Backboard	Broken or missing	Cost of replacement
Basketball Rim	Broken or missing	150.00
Brooms, Mops	Broken or missing	20.00
Bunk Bed	Bed Replacement / repair	Cost of replacement
Cabin HVAC	Replace or repair	1500.00+
Cabin Keys	Lost or missing or broken	10.00+
Changing Tents	Damaged or missing	50.00
Dust Pans	Broken or missing	10.00
Fire Extinguisher	Discharged or broken	75.00
First Aid Kits	Lost or missing	25.00
Graffiti	Defaced with Graffiti	50.00
HVAC Controls	Repair/Replace	100.00+
Mattress	Replacement	150.00
Screen Door	Repair or Replace	50.00
Smoke/CO Detector	Damaged or missing	100.00
Trash Cans	Broken or missing	25.00+
Windows	Repair or Replace	100.00+
Window AC	Replace	250.00
Window Screens	Replace	50.00
<b>Other</b>	<b>ANY DAMAGE TO ANYTHING NOT LISTED INCLUDING PROGRAM EQUIPMENT WILL BE BILLED AT THE COST OF REPAIR/REPLACEMENT.</b>	

**I understand that I am responsible for paying for any damages that my child may cause to camp property.**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



## Class Sign-ups

Camper Name \_\_\_\_\_ Camper Age \_\_\_\_\_

**This form MUST be completed & turned in with the camp form & fee!**

**\*\*PARENTS: Campers should have input on their class rankings!  
Do not fill out without their input or knowledge of the rankings!**

Each camper takes 3 classes that each last about an hour, and they take the same 3 classes on Tuesday, Wednesday, and Thursday.

Below is a list of classes we are offering this summer at 4-H Camp. **Please rank each class 1-26, with #1 being your absolute favorite class and #26 being the class you want to take the least.** Refer to the next page for class descriptions!

Classes are filled on a first-come, first-served basis. Keep in mind that while not everyone is guaranteed their 3 favorite classes, we will do our best to make sure you end up in as many top-ranked classes that you like!

	Beginning Swimming		Canoeing		Backyard Games
	Advanced Swimming		Low Ropes		Board Games
	Archery		High Ropes		Fishing
	Riflery		Kayaking		Camp Crafts
	Nature		Let's Read!		Sand Volleyball
	Recreation		Soccer		Foods
	Outdoor Living		Ultimate Frisbee		Yoga
	Friendship Bracelets		Disc Golf		Hand Sewing & Embroidery
	Wood & Leather Crafts		Easy Art		

**This form MUST be turned in with the camp form & camp fee!**

**PARENTS: Campers should have input on their class rankings!**

## **Class Descriptions**

**Advanced Swimming**- Participate in water activities/games; Use diving board

**Archery** - Learn archery safety and basic skills; Use archery equipment at range

**Backyard Games** - Learn basic skills and participate in games at the Backyard Games area at camp (Gaga Ball, Carpet Ball, Basketball)

**Sand Volleyball** - Learn basic skills & participate in games!

**Beginning Swimming** - Learn basic swim techniques; Participate in water games

**Board Games** -Come cool off in the dining hall and play some fun board games!

**Let's Read!** - Bring a book & spend the class period relaxing & reading!

**Canoeing** - Learn canoeing safety, basic skills, and water games

**Camp Crafts** -Make some awesome crafts! Be creative!

**Yoga** - Exercise, Stretch, and practice Yoga moves

**Fishing** - Learn fishing safety and basic skills, Fish at the lake

**Foods** - Learn basic food preparation skills and create your own snack foods

**Friendship Bracelets** -learn how to make these popular bracelets for yourself, friends, and family!

**Disc Golf** -Throw a disc at a target, get points, and that's the fun game of Disc Golf!

**Easy Art** – Make some art projects to take home.

**High Ropes** - Learn rock climb wall safety and skills for climbing; Learn zipline safety; Climb 40-foot mock rock wall and zipline down on the other side

**Kayaking** - Learn kayaking safety, basic skills, and water games

**Low Ropes** - Participate in low rope elements not far from the ground, while working as a team to complete challenges (examples: rope bridge crossing, bridge balance, rope spider web activity, and many more)

**Nature** - Learn about nature as you take hikes on the trails around camp

**Outdoor Living Skills** - Learn how to build and cook over campfires; How to build shelters; Get an intro to wilderness first aid

**Recreation** - Learn and participate in various games and camp dances

**Riflery** - Learn rifle safety and basic skills; Use equipment at range

**Soccer** - Learn basic skills and participate in soccer games

**Ultimate Frisbee** - Learn basic skills and participate in games (The game uses a disc that is passed from team members using only a few steps at a time to get the disc over the goal line)

**Hand Sewing & Embroidery** - Campers will learn a few embroidery stitches to create their own fabric art to bring home and display! A bit of patience is required, but a lot of fun will be had!!

**Wood & Leather Crafts** - make some cool wood & leather items to take home